

Arianne Zucker spoke to Equine VIP after a busy day on the set of the soap opera, "Days Of Our Lives". Arianne plays the mischievous and wicked "Nicole Walker" on the popular TV series, a role she really loves as an actress because she gets a chance to play a character with a wide emotional range.

The friendly actress looked stunning on a very hot summer day, still very active while waiting the birth of her first baby. Like many adult amateur riders, Arianne got hooked on riding at a young age but due to her busy career and traveling the world as a model, she wasn't able to ride or own a horse. Once her career took off, Arianne jumped back into her passion for riding horses and now owns 2 very special four legged "babies". Arianne answered our questions about balancing her passion for riding while being a busy actress, wife (Arianne is married to co-star Kyle Lowder

ARIANNE ZUCKER talks to Equine VIP

by Susan Ashbrook, owner Egine VIP

(Brady Black), soon to be new Mom and

jewelry designer. 1) MÖST PEOPLE KNOW YOU AS NICOLE ON "DAYS OF OUR LIVES" BUT THEY

MAY NOT REALIZE YOU ARE AN AVID EQUES-TRIAN. HAVE YOU ALWAYS RIDDEN HORS-

I have been riding horses since I was 3 years old. My daddy started me on the pony rides. I started taking it seriously around the age

2) WHAT DISCIPLINE OF RIDING DO YOU DO? IS IT A HOBBY OR DO YOU SHOW

I ride hunter/jumpers but I am not opposed to take a riding lesson in any style because I feel it only makes you a better rider. Especially for your actual discipline of riding

3) YOUR CAREER AS AN ACTRESS KEEPS YOU VERY BUSY. DO YOU FIND RID-

ING A STRESS RELIEF?

Riding is my chance to get away and have time for myself. It feeds my soul and there is nothing like the the unity I have with my horses.

4) HOW DO YOU FIND TIME TO RIDE WITH YOUR SCHEDULE?

It's like anything you love in life. You make it work. It's amazing how I have found a way to utilize the hours in the day and not be exhausted.

5) TELL US ABOUT YOUR CURRENT HORSE(S)?

I have two horses. Syracuse (Speck) is a rescue from Kentucky of the track. I got him when he was 18 months old and he is 9 years old now. He is quite special to me. He has gone through a series of injuries in his lifetime. Many of which I was told he wouldn't recover from.

He is still in full training and he is my 3 ft. hunter. Albateeh (Albert) I just purchased in March of 09. He is, without picking favorites, one of the best horses I have ever owned. He is a 14 year

old Belgium Warm Blood and in prime condition. He is a Grand Prix horse from Europe. I still have a dream of doing the Grand Prix someday and he may be a sure way of getting there.
6) WHAT MAKES

YOUR HORSE SPECIAL

TO YOU?

Each horse has a very distinct personality. Speck thinks he is a comedian and Albert is an athlete but still very docile and sweet. He is a stallion if you can believe that.

7) HAVE YOU HAD A MENTOR /TRAINER THAT MADE A DIFFERENCE TO YOU AND/OR

YOUR HORSE?

How can you not. Growing up I rode with a woman who I just admired like you wouldn't believe. We lost touch for several years and I traveled around the world. When I came home many years later she happened to be training horses in my neighborhood and I started riding with her and she remained my trainer for another 8 years. She inspired me to want to "go

8) YOU OWN A JEWELRY STORE - DO YOU MAKE OR SELL ANYTHING HORSE

RELATED?

I will design pieces that are horse inspired using leathers or buckles. A lot of my items are inspired by my travels as well. Of course you can take a peek at my line at www.lowdsuga.com. I like to write about each item as well and let the customer know where I got the idea to design a particular piece.

9) IS THERE ANY NEW PRODUCTS YOU'VE FOUND FOR YOUR HORSE(S) OR YOURSELF THAT YOU'D LIKE TO SHARE?

Farrier's Magic has really changed my horses tail. We started him on it when he was laid up for six months and his tail came back from skinny to strong, long and beautiful.

10) WHEN THIS GOES TO PRINT, YOU WILL HAVE YOUR FIRST BABY! CONGRATULATIONS! SHOULD WE LOOK FOR PHOTOS OF YOUR NEW BABY RIDING IN A FEW YEARS?

I want her to be a princess so it is up to her. Daddy says to find her a pony and I am sure

she will be happy to hear that.

Susan Ashbrook was born in the midwest but longed at an early age to be like her grandmother Pearl. Pearl rode horses and built many successful businesses, and she was an independent woman when it wasn't a popular pursuit.

Susan used her creativity and business accto found Film Fashion, www.filmfashion.com, a premier agency matching A list celebrities with exclusive fashion designers such as as Chopard, Escada, Ralph Lauren, Lanvin, Harry Winston and Swarovski. Film Fashion was a product placement firm built on Susan's relationship with over 5000 celebrities and was acquired by PR Powerhouse, Rogers & Cowan.

Susan's passion for horses launched her second career producing equine content for the internet and broadcast channel. Ashbrook feels the equestrian world has stories to tell about riders, events, products, special horses and all things equestrian.

The best way to reach us is at susan@equineVIP.com We'd love to hear from